

# ISFJ “The Protector”

ISFJ's are truly warm and kind-hearted, and want to believe the best of people. They value cooperation and are likely to be very sensitive to other people's feelings. People value the ISFJ for their consideration and awareness, and their ability to bring out the best in others.

ISFJ's constantly take in information about people and situations and store it away. It would not be uncommon for the ISFJ to remember a particular facial expression or conversation in detail years after the event occurred. ISFJ's learn best by doing, rather than reading about something in a book. The ISFJ is extremely dependable.

ISFJ's are extremely aware of their own internal feelings, as well as other people's feelings. They do not usually express their own feelings, keeping things inside. If they are negative feelings, they may build up inside the ISFJ until they explode. Many ISFJ's do learn to express themselves and find outlets for their emotions.

The ISFJ feels a strong sense of responsibility and duty. They take their responsibilities very seriously, and can be counted on to follow through. They need positive feedback from others, without it they get discouraged.

ISFJ's are warm, generous, and dependable. They need to remember to not be overly critical of themselves and to give themselves some of the warmth and love which they freely dispense to others.

## Possible Career Paths for ISFJ's:

Interior Decorators  
Designers  
Nurses  
Counselors / Social Work  
Administrative Assistants  
Child Care  
Paralegals

